

Town of Lexington Recreation Department



Spring & Summer 2012

Youth, Teen & Adult Programs & Activities

Program Registration Begins: February 27, 2012 at 8:30 a.m.

1625 Massachusetts Avenue

Lexington, MA 02420

781 862-0500 ext. 262

www.lexingtonma.gov/recreationdepartment.cfm

GENERAL INFORMATION

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ENTERPRISE FUND

The Recreation Department has operated as an Enterprise Fund since 1991. Recreation programs are self-supported by setting fees to cover all expenses. The Director of Recreation, through the Recreation Committee, sets fees with the approval of the Board of Selectmen. The Recreation operating budget supports staff who manage and deliver recreation programs along with the materials and supplies needed to operate these programs. Surplus revenue generated through the Recreation Enterprise Fund (Recreation and Pine Meadows Golf Club) helps fund Capital Improvement Projects and financially supports some services provided to Recreation by other Town Departments, and payment of \$100,000 per year towards the Lincoln Park debt.

REGISTRATION INFORMATION

Online registration is the **preferred method and strongly recommended** for all programs except swim tag sales. Go to: www.lexingtonma.gov/recreationdepartment.cfm. We also accept walk-in registration and mail-in registration as long as space is available. Feel free to familiarize yourself with the website prior to registration. Registration is first come, first served and 100% of all program spaces will be available online as of February 27, 2012 at 12:00 a.m. Resident walk-in registration also begins on February 27, 2012 at 8:30 a.m. Non-resident walk-in and mail-in registration for non-aquatics programs begins March 5. There is a \$5.00 (youth) or \$10.00 (adult) additional fee for non-resident program registrations. We accept cash, check, MasterCard, VISA, AMEX or Discover for mail-in or walk-in registration; credit cards only for online registration. Non-resident swim tag sales will take place Monday, February 27—Thursday, March 1 from 9:00 a.m.—3:00 p.m. at the Recreation Office on the second floor of the Town Office Building.

Recorded Information & Cancellations

Programs may be cancelled due to inclement weather, field or facility conditions, or other conflicts. To check on the status of your program call our recorded information line at:

781-862-0500 ext 706

Programs for Everyone

Please let us know about barriers that prevent participation. We are proud of our work with members of the community in creating exciting and successful programs. Please help us as we try to expand our ability to provide meaningful and accessible opportunities for all. Your suggestions are welcomed! We encourage individuals in need of special assistance in order to participate, to share this information when registering.

REFUND POLICY

The Lexington Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. Programs are subject to change in personnel. The Recreation Department does not confirm program registrations.

- All refunds will be issued in the form of a check from the Town Treasurer's Office. **Refunds to credit cards are not permitted.** Please allow 3—4 weeks for processing of refunds.
- If insufficient enrollment causes an activity to be cancelled, participants will receive a full refund.
- Refunds, less the minimum \$10.00 non-refundable deposit*, may be given to a participant who withdraws from a program **two weeks** or more prior to the start of the program. To be eligible for a refund, the request must be in the form of a letter or email to the Recreation Department stating the reason for withdrawing and the participant's name and address.
- Refunds may be given for medical reasons which arise less than two weeks prior to the start of a program. To be eligible for such a refund, the request must be in the form of a letter to the Recreation Department accompanied by a physician's letter. The minimum \$10.00 non-refundable deposit* will be deducted from the refund. In the event that a medical issue arises after the start of a program, the refund will be prorated.
- In the event of weather cancellations the Recreation Department will offer make-up sessions. Refunds or credits will not be given if make-up classes are scheduled and held, but a participant is unable to attend.
- Participants who withdraw from a program five business days prior to the start of a program may receive a **credit**, less the minimum \$10.00 non-refundable deposit*, towards another Recreation program provided that a wait list participant fills the spot and/or the minimum level of participants has been reached.
- Participants who withdraw from a program less than five business days prior to the start of the program are **not eligible for a refund or credit** as program expenses (staffing and supplies, etc.) will have been incurred. Refunds and/or credits will not be given for early termination of a program by the participant.
- **Program Transfers**—If space allows, participants will be permitted to switch/transfer to another class or program. A \$10.00 processing fee will be assessed and must be paid by check or cash, when requesting the transfer. Should the program the participant is transferring into have a higher fee, he/she will be expected to remit the transfer fee and the difference at the time of requesting the transfer.

* **Please note:** Some programs have a different minimum deposit or refund/credit policy (i.e. skiing, in-town basketball league, Discover the Fun, vacation programs, etc.) which are noted in the program brochure.

Helpful Telephone Numbers, Email & Web Sites

Recreation Department	recdept@lexingtonma.gov	(781) 862-0500 ext. 262
Recreation Program Online Registration	www.lexingtonma.gov/recreationdepartment.cfm	
Recreation Program Recorded Information & Cancellations		(781) 862-0500 ext. 706
Battle Green Tennis League	www.battlegreentennis.com	
Coed Softball	pcoleman@lexingtonma.gov	
Lexington Blue Sox	www.lexingtonbluesox.com	
Lexington Chamber of Commerce	www.lexingtonchamber.org	(781) 862-2480
Lexington Community Education	www.lexingtoncommunityed.org	(781) 862-8043
Lexington Little League	www.lexingtonlittleleague.org	
LexFUN (formerly Lexington Preschool PTA)	www.lexfun.org	
Lexington Human Services & Senior Center	www.lexingtonma.gov	(781) 861-0194
Lexington Youth Basketball	www.lexhoops.com	
Lexington United Soccer Club	http://lexingtonunited.org	
Men's Senior Softball	lexsoftball@gmail.com	
Men's Summer Basketball	pcoleman@lexingtonma.gov	
Moms on the Mound	sbutts@lexingtonma.gov	
Pop Warner Football	www.lbhpopwarner.com	
Youth Hockey	www.lbyh.net	
Youth Lacrosse	www.lexingtonlax.org	

237th PATRIOTS' DAY WEEKEND CELEBRATION ~ APRIL 14-16, 2012

Saturday, April 14th

11:00 a.m. & 2:00 p.m.
4:00 p.m.
7:30 p.m.

Gallery Talk: *Sowing the Seeds of Liberty: Lexington and the American Revolution* - National Heritage Museum
Tower Park Battle—Tower Park, Massachusetts Avenue ~ www.battleroad.org/
Colonial Singers Candlelit Concert—Lexington Depot ~ www.lexingtonhistory.org

Sunday, April 15th

6:00 p.m. & 8:00 p.m.
11:30 p.m.

"In Their Own Words" - First Parish Church ~ www.lexingtonhistory.org
Paul Revere Ride Re-enactment—Hancock-Clarke House

Monday, April 16th

5:30 a.m.
5:45 a.m.
6:00 a.m.
6:00—10:00 a.m.
7:30 a.m.
8:15 a.m.
8, 9, 10, & 11 a.m.
10:00 a.m.
10:15 a.m.
10:30 a.m.—1:30 p.m.
11:00 a.m.
12:30 p.m.
1:00 p.m.
2:00 p.m.
2:45 p.m.

"The Alarm" at the Old Belfry, Belfry Hill
Reading of the Script on the Battle Green
Reenactment of the Battle of Lexington on the Battle Green (rain date 4/21/12) (Dress Rehearsal—4/1/12 @ 2PM)
Pancake Breakfasts (Boys Scout Troop 160 @ St. Brigid Church, First Baptist Church of Lexington, Church of Our Redeemer)
Lexington Sunrise Youth Parade (Munroe Cemetery to Battle Green)
Ceremonies on the Battle Green
"First Shot! The Day the Revolution Began" - Movie Screening and Q.& A. at the Lexington Venue
Lexington Lions Club 98th Annual Five Mile Road Race ~ <http://www.lexingtonlions.org>
Lexington Minute Men Company/DAR Memorial Decoration on the Battle Green
Patriots Day Activities—National Heritage Museum
U.S.S. Lexington Memorial Ceremonies at the Visitors Center
Float Judging (East Lexington on Massachusetts Avenue)
Paul Revere arrives at the Battle Green on Horseback
Afternoon Parade (Mass. Ave & Maple St. through Lexington Center ending at the Town Pool Parking Lot)
Afternoon Parade arrives at the Minuteman Statue in Lexington Center



Town of Lexington—Town Celebrations Committee—Recorded information: 781 862-0500 ext. 704

For information about the Battle Road Events in Concord, Lexington and Lincoln check the Web:

<http://www.battleroad.org>

APRIL VACATION PROGRAMS

SPRING BREAK SOCCER CLINIC

\$155

Ages: 7—14 (grades 1—8)
Dates: Tuesday—Friday, April 17—20
Time: 2:00—5:00 p.m.
Location: Center Track Field

Presented by the coaches from the **Mass Premier Youth Soccer Academy**, this popular program is designed to serve as a stand alone, fun learning experience. Players will be grouped according to their size, age and ability. Players are expected to bring their own soccer ball, wear sneakers or cleats and shin guards. **The registration fee includes a \$25.00 non-refundable deposit.**

VACATION CHESS CLINIC

\$125

Ages: 6—13
Dates: Tuesday—Friday, April 17—20
Time: 10:00 a.m.—12:00 p.m.
Location: Cary Hall ~ Estabrook Hall

Join U.S. Chess Federation expert **Jim Della Selva** for a Spring Vacation Chess Clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in matches and games. Participants should bring a chess board and be ready for a fun, challenging week. **The registration fee includes a \$25.00 non-refundable deposit.** Registration deadline is April 10.

STONE MEADOWS JR. GOLF CLINICS

\$125

Ages/Times: 7—10 9:00 a.m.—10:00 a.m.
 11+ 10:00 a.m.—11:00 a.m.
Dates: April 16—19 (rain date is 4/20)
Location: Stone Meadow Golf, Waltham St., Lexington

In cooperation with the Town of Lexington Recreation Department and New England Golf Corporation, Stone Meadow Golf is pleased to again offer one-hour sessions over 4 days introducing kids to the wonderful game of golf. Classes are designed for beginner to intermediate skill levels. Registration forms are available in the Recreation office, Pine Meadows Golf Club and Stone Meadows Golf. The registration form and payment to Stone Meadow Golf must be submitted to Stone Meadow Golf. For additional information please call Pine Meadows Golf Club at (781) 862-5516.

Pre-Ball

Free

Ages: 4 & 5
Dates: Saturdays beginning May 5
Time: 9:00—9:45 a.m.
Location: To Be Announced



Staffed by Lexington Little League volunteers, and run by Warren Wilson, this program, now in its **27th year**, will teach children the basics of baseball. Children must be accompanied by a parent and/or guardian.

The program is FREE, but pre-registration is required.

For more information go to: www.lexingtonlittleleague.org. Click the **BASEBALL** link and then the **PRE-BALL CLINIC** link.

To REGISTER look for the following link:

<https://secure.adminsports.net/lexingtonlittleleague>

The program is open to the first 100 children who register.

FAMILY ACTIVITIES

FATHER'S DAY KAYAK TRIP

Ages/Fees: Ages 16+ **\$85**
 Ages 6—15 with a paid parent **\$50**
 Age 5 and under with paid parent **Free**
Date: Sunday, June 10
Time: 9:00 a.m.—12:00 noon.
Location: Concord River, Concord, MA

Surprise Dad with a fun way to spend the morning. Enjoy a leisurely kayak trip down the Concord River led by an experienced **Still River Outfitters** guide. No experience is necessary. All ages are welcome.

LEXINGTON RECREATION PRESENTS COLLETTE FAMILY VACATIONS 2012

new

Lexington Recreation is pleased to offer our residents the opportunity to explore the **Wild West and Yellowstone National Park** in August, and travel the **Trains of the Colorado Rockies** in September as a part of our new partnership with Collette Family Vacations.

During the **Wild West and Yellowstone Family Adventure (August 4—10, 2012)** you and your family will set off on a Wild West adventure to explore some of America's most amazing treasures: the national parks of Utah, Wyoming and Idaho. You will visit the Oregon Trail Museum, and head out to the cowboy town of Jackson, Wyoming, the "Crown Jewel" of the northern Rockies where you and your family will stay for the next four nights. Daily excursions from Jackson include Grand Teton National Park, Jenny Lake, and the first and oldest national park in the world—Yellowstone—where you can see buffalo grazing, the Old Faithful geyser and thousands of square miles of pristine park land. You will discover what it was like to travel the Oregon Trail during a visit to Fort Hall in Pocatello, Idaho. The vacation will be capped off with dinner at a local restaurant, complete with country-western dancing for all. For more information on this trip, please contact the Recreation Department or go to:



<http://www.collettevacations.com/link/490612>

As a participant in the **Trains of the Colorado Rockies** excursion (**September 12—20, 2012**) you will traverse the Colorado Rockies as you journey through the beauty of nature with alpine lakes, towering peaks and rolling meadows at every turn. Travelers will journey from Boston to Denver then on to Estes Park and Rocky Mountain National Park. You will travel through the mountains on a scenic and historic train ride aboard the Georgetown Loop Railroad, dine at a local vineyard in Grand Junction, Colorado, and the next day board the Durango and Silverton Narrow Gauge Railroad for a trip through the San Juan mountains. Travelers will follow this with a visit to Mesa Verde National Park, which preserves the 1,000 year culture of the Anasazi Indians. You will visit Spruce Tree Cliff dwellings to see two of the largest cliff dwellings built between AD 1211 and 1278 by ancestors of the Pueblo Tribe. The eight day excursion is capped off by a 24-mile trip upon the Royal Gorge Railroad beneath the highest suspension bridge in the world in the morning, followed by an 8.9 mile journey up Pike's Peak via the Pike's Peak Cog Railway. For more information on this trip, please contact the Recreation Department or go to:



<http://www.collettevacations.com/link/490608>

SPRING PRESCHOOL, YOUTH AND TEEN PROGRAMS

VIKING SOCCER CLINIC

\$80

Ages: 4 & 5
Dates: Fridays, April 27 — June 1
Times: 3:45—4:30 p.m. OR 4:45—5:30 p.m.
Location: Muzzey Field (next to Muzzey Condominiums, Mass Ave)

The Lexington Recreation Department is teaming up again with **Viking Sports Programs** to introduce the game of soccer in a fun learning environment. Children should bring their own soccer ball and water bottle and wear shin guards, sneakers or soccer cleats. **Parent or guardian MUST attend the program.**

REAL KIDS EARLY CHILDHOOD MUSIC

\$180

Ages: 2 - 7 with parent or caregiver
Location: Real School of Music, 56 Middlesex Tpke., Burlington

Taught by professional Early Childhood Music Educator Rich Podgur, Real Kids is a cutting edge program providing the fundamentals of music, rhythm, movement. Listening, singing and instrument playing for young children in a fun, exciting environment. For specific dates and times please go to the online registration pages at: www.lexingtonma.gov/recreationdepartment.cfm

MOMMY OR DADDY AND ME KAYAKING

\$130

Ages: 1—5
Dates: Tuesdays, May 1, 8 & 15
Time: 2:30—4:00 p.m.
Location: Old Reservoir

This program was developed by **Still River Outfitters, Inc.** to address the growing number of active adults starting families. In addition to basic paddling skills and safety considerations, we help parents adapt our proven strategies to comfortably paddle with a toddler. This class is taught in stable recreational kayaks where the child will sit safely between the parent's legs in the kayak cockpit. The fee covers the parent and child.

YOUTH CHESS CLASSES

\$125

Students will join **Jim Della Selva** to explore chess theory and strategies from basic through more advanced levels. The eight-week course will consist of instruction, play, theory and group work on chess problems and games. Class size is limited to 12. All classes will be held in the **Town Office Building room G15**.

Beginner

Ages: 5—11
Dates: Wednesdays, March 28—May 23 (no 4/18)
Time: 4:35—5:35 p.m.

Intermediate

Ages: 6—12
Dates: Tuesdays, March 27—May 22 (no 4/17)
Time: 4:35—5:35 p.m.

Advanced

Ages: 7—13
Dates: Tuesdays, March 27—May 22 (no 4/17)
Time: 5:35—6:35 p.m.

BABYSITTERS TRAINING

\$85

Ages: 11+
Dates: Thursdays, April 12, 26 and May 3
Time: 6:30—9:00 p.m.
Location: Town Office Building room G15

The newly revamped babysitter training program prepares boys and girls to become babysitters. Students learn by participating in group discussions and activity periods.

LIGHTNING YOUTH TRACK

\$65

Ages: 7—12
Dates: Wednesdays, April 25—May 30
Time: 6:00—7:00 p.m.
Location: Center Recreation Complex Track

This six-week program, is designed to introduce children to the world of track and field. Participants will learn proper stretching and warm-up techniques, and build the skills necessary to participate in our annual end of the season track meet.

ARCHERY

\$130

Ages: 9—14
Dates: Thursdays, April 26—May 31
Time: 3:30—5:00 p.m.
Location: Muzzey Field



During this six-week program participants will learn to shoot a bow and arrow with **Archery USA** in the Archery Development program. Classes are taught by a certified archery instructor. All equipment is provided. Class size is limited.

FUN-DAMENTALS OF FENCING

\$85

Ages: 7—14
Dates: 6 Tuesdays, May 8—June 12
Time: 6:30—7:30 p.m.
Location: Hastings School Gym

Fence without buying expensive equipment with **Mythquest Edutainment**. Use safe practice equipment to learn footwork, attack and defense techniques. Whether you are new or experienced, you will learn new techniques and get to try out your new skills in duels and sword games each week. This class contains more advanced ducking techniques such as passata sotto and related lessons in rapier.

BUDA ULTIMATE FRISBEE CLINIC

\$40

Ages: 10—14 (grades 5—8)
Dates: Tuesdays and Thursdays, April 24—May 31
Time: 3:30 — 5:00 p.m.
Location: Fiske Elementary School Field

BUDA and Lexington Recreation are once again teaming up to provide a great introduction to Ultimate Frisbee. This fun, fast-paced sport is very popular at colleges and high schools (including LHS), as well as in adult recreation leagues. It's quickly becoming popular at the middle school level also. The program is designed to teach kids all the skills they need in order to play and have fun. Participants should wear cleats and bring a water bottle.

INTRO TO KAYAK

\$120

Ages: 10—15
Dates: Tuesdays, May 1, 8 & 15
Time: 4:00—6:00 p.m.
Location: Old Reservoir

Introduction to Kayak provides youth the chance to learn exciting new skills. This youth specific class teaches the same skills and safety considerations as our adult program but in a kid friendly format. Kayak games and activities will be used to give kids the needed practice while keeping them active and engaged.

**PRE REGISTRATION IS REQUIRED FOR ALL
 RECREATION PROGRAMS.**

Middle School Early Release Program—Thursday, May 3rd

Mini Golf, Bumper Boats, and Ice Cream too!!!



*40 spaces per
school - sign up
early!*



Come along to play mini golf, take a ride on bumper boats, and enjoy homemade ice cream at Kimball Farm in Westford on Thursday, May 3, 2012. We will meet in your school's cafeteria at 11:45 a.m. and board the bus at 12:00 noon. Upon arrival at Kimball Farm we will eat lunch (bring your own) and participate in the activities planned. We will depart Kimball Farm by 3:45 p.m. Your parent/guardian should pick you up at 4:15 p.m. at your school. For Boston students, you will be supervised at your designated school until the late bus picks you up.

The fee is **\$36.00** (includes transportation, one round of mini golf, a turn on the bumper boats, and an ice cream cone). **You will need to bring your own lunch.** Some financial assistance is available upon request. Please contact Laurie Henry, Assistant Director of Youth Services 781-861-2742 or the Recreation Department, 781-862-0500 ext. 262 for more information.

Middle School Early Release Day Program

Return the form along with your **check** no later than **Friday, April 13th** to the **Lexington Recreation Department office (not your homeroom teacher)**. Space is limited, and the trip may be full prior to this date. **Please make check only payable to: Town of Lexington.** *In order to receive a refund you must cancel your child's slot by 4:30 p.m. on April 27, 2012.*

Name _____ Home Phone _____
Parent's Cell Phone _____ Work Phone _____
Address _____ Zip Code _____
Date of Birth _____ M ___ F ___ Grade _____ School _____
Email Address: _____

If your child has any medical issues or allergies we should be aware of please list here: _____

I/We, the parent(s)/guardians of the above named minor, hereby consent to his/her participation in the Middle School Early Release Program at Kimball Farm in Westford, MA, sponsored by the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorney from any and all liability or expense arising out of any injury involving or on account of any injury to above named minor in conjunction with this program.

- Phone/cell phone where parent can be reached on Thursday afternoon, May 3rd _____
- Or, in the event of an emergency, please call: Name: _____ Phone: _____
- If I cannot be reached in an emergency, I hereby give permission to the Town of Lexington staff to authorize a physician at a local hospital to secure proper treatment for my child as named above.
- I understand that my child will be picked up at his/her middle school and transported to Kimball Farm on a C&W school bus. The trip participants will be dropped off at their designated school for a 4:15 p.m. pick up. I will be **on time** picking up my child.
- ***I understand that if the trip to Kimball Farm is canceled because of adverse weather the participants will be dismissed from their middle school at the early release day time of 11:45 a.m., and payment will be refunded or credited to your account. Information regarding a weather cancellation will be announced at the middle schools and put on the Recreation Department information line: 781 862-0500 ext. 706.***

Parent/Guardian Signature _____ Print name _____ Date _____

Return this registration form with a check in the amount of \$36.00 payable to the TOWN OF LEXINGTON to the Lexington Recreation Department office, 1625 Massachusetts Avenue, Lexington, MA 02420.

The registration deadline (if space is still available) is: April 13, 2012.

SPRING ADULT PROGRAMS

BODY CORE: A Total Fitness Class

\$84

Dates: Monday & Thursday, April 9—May 24
(no class 4/16, 4/19)

Time: 6:00—7:30 p.m.

Location: Hastings School Gym

Body Core is a total body workout class that includes low impact-high intensity cardio routines, body-sculpting, core strengthening exercises using the Pilates method, and Yoga stretching. You will learn to strengthen and sculpt lean muscle, increase flexibility, and improve your posture. **Ellen Gaies** will show you how to get dancer fit and achieve a stronger body. Please bring a rollup mat, aerobics style shoes, and hand weights. Optional: bring a large or small fitness ball and handled stretch band.

WOMEN'S FITNESS BOOT CAMP

\$200/2 days/week

\$125/1 day/week

Dates: Tuesday & Thursday, April 3—June 21

Time: 6:00—7:00 a.m. **Rain or Shine**

Location: Lincoln Park Field # 2

This popular 12-week fitness program designed specifically for women will incorporate upper and lower body weight exercise as well as cardiovascular activities. Band work and many body weight exercises will be included.

Paul McManus returns to lead this program. All levels of ability are welcome with a doctor's certificate. Women should bring a jump rope, thin exercise mat and two 5—10 lb. hand weights.

BALLROOM DANCE CLASSES

\$100/resident couple

\$110/non-resident couple

Dates: Tuesdays, April 24—June 12

Location: Harrington School Gym

- Beginner Ballroom **6:30—7:30 p.m.**

Join **Francis Floyd** to learn the basics of Fox Trot, Cha Cha and Rumba in this class. This is a great class for upcoming proms and weddings!

- Level II & Advanced Ballroom **7:30—8:30 p.m.**

Intermediate dancers will improve upon those steps learned in the beginner class, and be introduced to the Tango and Rumba. More advanced dancers will sharpen their dancing skills, and learn new dances.

R.A.D. WOMENS SELF DEFENSE

\$60

Ages: Women only 17+

Dates: Mondays, March 19, 26, April 2 and 9

Time: 6:00—9:00 p.m.

Location: Clarke Middle School Gym

The Lexington Police Department and the Lexington Recreation Department are proud to be collaborating on this very important Women's Self Defense Program. Over the course of the 4-week program, taught by **Lexington Police Officer Charles Crayton**, students will be involved in a discussion of risk reduction strategies, date rape, continuum of survival, defensive strategies and the basic principles of defense. Participants will then begin the process of hands-on training. The program will culminate with students participating in "simulated assault" scenarios at full contact with RAD instructors. Women have the opportunity to utilize their skills in a safe training environment monitored by instructors. Participants should wear loose fitting, comfortable clothing and bring a water bottle to class. Enrollment limited. Women who have participated in a prior RAD class through Lexington Recreation, may register at no charge. Please call the Recreation Department to register.

EVENING YOGA

\$60

Dates: 6 Tuesdays, April 10—May 29 (no 4/17,5/15)

Time: 7:30 – 8:30 p.m. (all levels)

Dates: 6 Thursdays, April 12— May 31 (no 4/19,5/17)

Time: 7:00 –8:00 p.m. (all levels)

Location: Diamond Middle School Cafeteria

Join certified instructor **Keith Herndon** in this physically balancing workout of Yoga. Yoga is famous for harmonizing mind and body through stretching, breathing, deep relaxation, range of movement, and a calm inner focus. Participants bring a yoga mat.

ZUMBA (Dance & Exercise)

\$79

Join the party with the hottest craze on the exercise circuit in this Latin inspired dance/fitness class. This energizing cardio/toning class uses a variety of Latin, international and Pop rhythms and is so much fun that the hour is up leaving you wishing for more! The steps are very easy to follow and no prior experience is needed. All fitness levels are welcome - modifications will be given. Make up classes are available with the permission of the instructor. **Jan Swartz** is licensed in Zumba, Zumba II, Zumba Gold, Zumba Toning, Aqua Zumba and Zumbatronics. She is AFAA group fitness and CPR certified.

Ages: 16+

Dates: 6 Wednesdays, April 25—May 30

Time: 6:45—7:40 p.m.

Location: Harrington School Gym

Dates: 6 Fridays, April 27—June 1

Time: 9:30—10:25 a.m.

Location: First Parish Church

ABS (Abs Blast and Stretch)

\$42

This 25 minute class is designed to target and enhance abdominal definition, core stability and back strengthening during the ABS portion (Abdominal and back Strengthening), and is followed by slow stretching of the major muscle groups to improve flexibility, relieve stress and prevent injuries. Take it alone or as a great complement to the ZUMBA and ZUMBA Gold programs. The class is appropriate for all ages and fitness levels. You will need a mat or a large towel for lying on the floor. **Jan Swartz** is Group Fitness certified and licensed to teach Zumba, Zumba Gold, Zumba Toning, Aqua Zumba & Zumbatronics.

Ages: 16+

Dates: 6 Wednesdays, April 25—May 30

Time: 7:45—8:10 p.m.

Location: Harrington School Gym

Dates: 6 Fridays, April 27—June 1

Time: 10:30—10:55 a.m.

Location: First Parish Church

JUST ONCE GUITAR FOR BUSY PEOPLE

\$35

Ages: 16+

Date: Monday, April 30

Time: 6:30—9:00 p.m.

Location: Town Office Building Room G15

Have you ever wanted to learn to play the guitar, but simply could not find the time? This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. A required materials fee of \$29.00 (workbook and practice DVD) will be collected in class by the instructor, **Julie Kinscheck**.

PRE REGISTRATION IS REQUIRED FOR ALL

RECREATION PROGRAMS.

AMERICAN RED CROSS CLASSES

CPR FOR THE PROFESSIONAL RESCUER RECERTIFICATION

Date: I. Thursday, March 1
Location: Town Hall Room G15
Date: II. Thursday, May 24
Location: Town Office Building Room G15
Time: 6:00—10:00 p.m.



Participants **MUST** bring their book, pocket mask and current Red Cross certification card with them to class. Register early. Maximum 12 per class.

\$100

CPR/AED RECERTIFICATION

\$80

Date: I: Thursday, March 22
Location: Town Hall Room G15
Date: II: Wednesday, June 6
Location: Town Office Building Room G15
Time: 6:30—10:00 p.m.



Participants must **bring their book and current CPR Certification Card** with them. Register early. Maximum 12 per class.

FIRST AID BASICS

\$80

Date: Wednesday, May 30
Location: Town Office Building Room G15
Time: 6:30—10:00 p.m.

The purpose of this course is to train individuals in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries until advanced medical personnel arrives. Register early. Maximum 12 per class.



FIRST AID/CPR/AED FOR THE WORKPLACE

\$120

Date: Tuesday, May 29 and Thursday, May 31
Time: 6:30—10:00 p.m.
Location: Town Office Building Room G15

The purpose of this course is to train individuals in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries, and to provide basic care for life threatening or cardiac emergencies in adults and children. Register early. Maximum 12 per class.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 6 Shopping Day	 7 <i>See Website</i>	1 May Day Celebration 4 - 7pm ~ State of Clay now through 5/20	2 Colonial Community Sing 7:30 - 8:30 pm	3 Art Conversation 7 - 9 pm	4 Fife & Drum Tattoo 7pm	5 Fife & Drum Muster 12 pm ~ Artists En Plein Aire ~ American Jewelry Trunk Show ~ Artists Evening Affair
13 Mother's Day Event	14 <i>See Website</i>	8 Lex Tee It Up 11 -2	9 Colonial Community Sing 7:30 - 8:30 pm	10 Elephant Trunk Story Hour 2:30 - 3:30 pm	11 <i>See Website</i>	12 La Musique en Fete
20 Lexington Open Studios 11 - 5pm ~ State of Clay ends	21 International Fare	15 <i>See Website</i>	16 Colonial Community Sing 7:30 - 8:30 pm	17 Elephant Trunk Story Hour 2:30 - 3:30 pm	18 A Night at the Opera 8 pm	19 Bicycle Tour 10 am ~ Lexington Open Studios 11 - 5pm ~ Bicycle Tour 2 pm ~ A Night at the Opera 8 pm
27 <i>See Website</i>	28 <i>See Website</i> Memorial Day	22 Liberty Belle of the Day	23 Colonial Community Sing 7:30 - 8:30 pm	24 <i>See Website</i>	25 <i>See Website</i>	26 Discovery Day.10 - 3 pm ~ Jazz Bands performance 12 - 3 pm ~ After Hours Concert 3:30 - 5:30 pm
31 Capstone Family Picnic 12:30 - 7 pm						
Revolutionary Revelry Package Weekend at a loft \$195 includes 2 nights, 2 Liberty Ride tickets, artisan gift, bag, restaurant? ~~~~~ For updated information about event locations, descriptions and additional calendar listings, check the website. www.tourlexington.us						

TENNIS IN LEXINGTON

THE WHERE AND WHEN OF MAKING A TENNIS RESERVATION

All tennis reservations must be made in person. Telephone calls are not accepted.

April 2—May 11

Tennis Reservations at the Recreation Department ONLY.

Monday—Friday

8:30 a.m.—4:00 p.m.

Weekdays, May 14—August 10

Tennis Reservations at the Tennis Booth ONLY.

- May 14th-June 1st
- June 4th-June 22nd
- June 25th-July 6th
- July 9th-August 10th

Monday—Friday

4:30 p.m.—7:30 p.m.

Monday—Friday

3:00 p.m.—7:30 p.m.

Monday—Friday

1:00 p.m.—7:30 p.m.

Monday—Friday

4:30 p.m.—7:30 p.m.

Weekends, May 12—August 12

Tennis Reservations at the Tennis Booth ONLY.

Saturday & Sunday

10:00 a.m.—2:00 p.m.

August 13—October 31

Tennis Reservations at the Recreation Department ONLY.

Monday—Friday

8:30 a.m.—4:00 p.m.

The **Tennis Booth** is located at the Center Recreation Complex/Town Pool Bath House on Worthen Road. There are four lighted courts at the Center Complex Gallagher Tennis Courts available for night play **with a paid reservation** until 9:00 p.m.

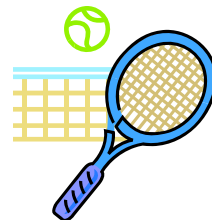
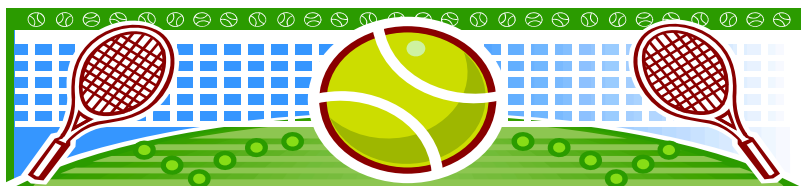
- Tennis reservations may be made up to one week in advance at the tennis both.
- A person may make only one reservation (one hour/one court) for any given day.
- Reservations must be made at least one hour before the requested court time.
- Unlighted courts are available for reservations seven days per week, 7:00 a.m.— 8:00 p.m.

TENNIS COURT RESERVATION FEES

\$ 50.00	Lexington Resident Tennis ID Cards
\$ 35.00	Lexington Resident Senior Adult Tennis ID Cards (age 62+)
\$100.00	Non-Resident Tennis ID Cards
FREE	Daily Non Lighted Court Reservation per hour with ID Card
\$ 10.00	Daily Non-Lighted Court Reservation per hour without ID Card
\$ 10.00	Lighted Court Reservation with ID Card
\$ 20.00	Lighted Court Reservation without ID Card

COURT LOCATIONS

- Gallagher Tennis Courts at the Center Recreation Complex—10 courts (4 lighted)
- Clarke Middle School—3 courts
- Adams Playground (behind the Waldorf School) - 2 courts
- Valley Road (off Bedford Street across from Mobil gas station) - 2 courts



SPRING ADULT AND YOUTH TENNIS LESSONS

60+ BEGINNER TENNIS LESSONS

\$60

Dates: Thursdays, May 17—June 21
Time: 10:00—11:00 a.m.
Location: Gallagher Tennis Courts 1 & 2 at the Center Recreation Complex

If you are looking for a fun activity, then look no further. No more procrastination—the time is now! Two seasoned tennis aficionados want to teach you how to play! Don't let your lack of experience hold you back—come join us for fun and exercise! All you need is a pair of sneakers, a water bottle and a desire to have fun. Tennis racket desirable, but not necessary. Class size limited to 8. Register early!

SPRING ADULT TENNIS LESSONS

\$80

The **Adult Tennis Program** is designed to give all players, regardless of ability, the opportunity to learn new skills and/or improve existing ones. The class schedule varies throughout the season to allow greater opportunities for participation. Each session includes 6 lessons. One or two rain dates are built into each session to accommodate same day and time make-up classes. **Lesson participants are NOT permitted to attend lessons on days and times for which they have not registered and paid in order to make up a missed class.**

Saturdays, April 28—June 9 (no 5/26)

- Beginner 9:00 a.m.
- Advanced Beginner 10:00 a.m.
- Intermediate 11:00 a.m.

Tuesdays, May 1—June 5

- Beginner 6:30 p.m.
- Advanced Beginner 7:30 p.m.

Wednesdays, May 2—June 6

- Beginner 6:30 p.m.
- Advanced Beginner 7:30 p.m.

Thursdays, May 3—June 7

- Beginner 6:00 p.m.
- Advanced Beginner 7:00 p.m.
- Intermediate 8:00 p.m.

Beginner Designed for the brand new player or inexperienced recreational player. Introduces serve, volley, forehand, and backhand strokes, court positions, and tennis terms.

Advanced Beginner Reviews beginner strokes with emphasis on stroke execution. Introduces lob, overhead, scoring and rules. Students must know the basic strokes and forehand rallying.

Intermediate For those wishing to perfect their strokes through drills with emphasis on consistency, singles, and doubles strategy and match play.



PRE K & K TENNIS LESSONS

\$55

Ages: 4, 5 & 6
Dates: Tuesdays, April 24—May 22
Times: 3:30—4:00 p.m. **or** 4:15—4:45 p.m.
Location: Adams Tennis Courts
 (located off the bike path behind the Waldorf School, 739 Mass. Ave.)

The Recreation Department is pleased to offer this 5 week spring tennis program for children ages 4, 5 & 6. Instructor **Gerry Wambolt** will introduce players to the sport of tennis, work on stroke development and familiarize players with the rules of the game.

CLASS SIZE LIMITED!

AGE 7 & 8 YOUTH TENNIS LESSONS

\$55

Dates: 5 Thursdays, April 26—May 24
Location: Adams Tennis Courts
 (located off the bike path behind the Waldorf School, 739 Mass. Ave.)
Time: 2:30—3:00 p.m.

The Recreation Department is pleased to offer this 5 week spring introductory tennis program for children. Instructor **Gerry Wambolt** will introduce beginner players to the sport of tennis, work on stroke development and serves, and familiarize players with the rules of the game.

AGE 9 & 10 YOUTH TENNIS LESSONS

\$55

Dates: 5 Thursdays, April 26—May 24
Location: Adams Tennis Courts
 (located off the bike path behind the Waldorf School, 739 Mass. Ave.)
Time: 3:15—3:45 p.m.

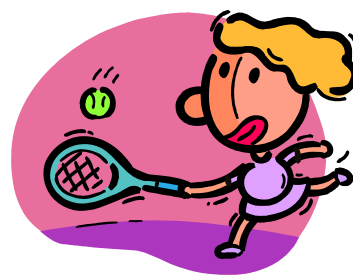
The Recreation Department is pleased to offer this introductory tennis program for children. Instructor **Gerry Wambolt** will introduce beginner players to the sport of tennis, work on stroke development and serves, and familiarize players with the rules of the game.

AGE 11—13 SPRING YOUTH TENNIS LESSONS

\$65

Dates: 5 Thursdays, April 26—May 24
Location: Adams Tennis Courts
 (located off the bike path behind the Waldorf School, 739 Mass. Ave.)
Time: 4:00—4:45 p.m.

This 5 week introductory tennis program, instructed by **Gerry Wambolt** is designed to introduce beginner players to the sport of tennis, work on stroke development and serves, and familiarize players with the rules of the game.



SUMMER ADULT AND YOUTH TENNIS LESSONS

The Lexington Recreation Department **Adult Tennis Program** is designed to give all players, regardless of ability, the opportunity to learn new skills and/or improve existing ones. The class schedule varies throughout the season to allow greater opportunities for participation. Each session includes 6 lessons. One or two rain dates are built into each session to accommodate same day and time make-up classes.

Class size is limited to a maximum of 8 per class, so advanced registration is required by mail, phone, online, or at the Recreation office. Registration is on a first come, first serve basis. Non-residents may register as of March 5th.

Lesson participants are NOT permitted to attend lessons on days and times for which they have not registered and paid in order to make up a missed class. All participants must bring a racquet.

Saturday—A.M. : 9:00—B, 10:00—AB; 11:00—I

- Summer Lessons: June 30—August 4
- Fall Lessons: August 25—October 6 (no 9/1)

Tuesday—P.M. : 6:30—AB; 7:30—B

- Summer Lessons: June 26—August 7 (no 7/3)

Wednesday—P.M. : 6:30—AB; 7:30—I

- Summer Lessons: June 27—August 8 (no 7/4)

Thursday—P.M. : 6:00—B, 7:00—AB, 8:00—I

- Summer Lessons: June 28—August 9 (no 7/5)
- Fall Lessons: August 30—October 4

B = Beginner Designed for the brand new player or inexperienced recreational player. Introduces serve, volley, forehand, and backhand strokes, court positions, and tennis terms.

AB = Advanced Beginner Reviews beginner strokes with emphasis on stroke execution. Introduces lob, overhead, scoring and rules. Students must know the basic strokes and forehand rallying.

I = Intermediate For those wishing to perfect their strokes through drills with emphasis on consistency, singles, and doubles strategy and match play.

Adult Lesson Fees

Resident Registration received before May 1st:	\$80
Resident Registration received after May 1st:	\$90
Non-Resident Registration March 1—May 1st:	\$90
Non-Resident Registration received after May 1st:	\$100

YOUTH SUMMER ADAPTIVE TENNIS LESSONS \$55/week

Ages:	5—17
Dates:	8—one week sessions (Monday—Thursday) June 25, July 2*, July 9, July 16, July 23, July 30, August 6 and August 13 *Mon., Tues., Thurs. Fri.
Time:	11:00—11:50 a.m.
Location:	Gallagher Tennis Courts at the Center Recreation Complex

Using guidelines and resources developed by the USTA, the Lexington Recreation Department is pleased to offer a series of adaptive tennis lessons for children and teens with disabilities or differing abilities and challenges, ages 5—17. The adaptive tennis lessons are designed to promote the benefits of tennis to all, improve balance, mobility, agility, strength, fitness, self-confidence, and provide social interaction using Quick Start methods, courts and equipment.

The Recreation Department **Youth Tennis** staff is looking forward to another fun and exciting summer. Instructors will teach children using the **USTA Quick Start Tennis Program** an exciting lesson and play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Lexington Recreation **Quick Start** will divide players into three different levels: ages 5 & 6, ages 7 & 8 and ages 9 & 10. We will continue to offer lessons for children ages 11+, and a class for those age 4. Lessons will run Monday through Thursday at the **Gallagher tennis courts at the Center Recreation Complex**, with Friday reserved for rain make-ups, if needed. New sessions begin each Monday morning. **Registration deadline for each week (space permitting) is 12:00 p.m. on the Thursday prior to the session.** Lessons will have a 1:6 staff to children ratio. Participants must bring a tennis racquet, sunscreen and a water bottle.

YOUTH TENNIS LESSONS

Registration Fees*

		<u>Before 5/1</u>	<u>After 5/1</u>
Age 4:	11:00—11:30 a.m.	\$30	\$40
Ages 5 & 6:	9:00—9:50 a.m.	\$55	\$65
	10:00—10:50 a.m.	\$55	\$65
Ages 7 & 8:	9:00—9:50 a.m.	\$55	\$65
	10:00—10:50 a.m.	\$55	\$65
Ages 9 & 10:	9:00—9:50 a.m.	\$55	\$65
	10:00—10:50 a.m.	\$55	\$65
Ages 11 +:	11:00 a. m.—12:30 p.m.	\$75	\$85
Session 1: June 25—June 28	Session 2: July 2—6 (no 7/4)		
Session 3: July 9—12	Session 4: July 16—19		
Session 5: July 23—26	Session 6: July 30—August 2		
Session 7: August 6—9	Session 8: August 13—16		

YOUTH TENNIS CLINIC

Monday—Thursday, 2:00—5:00 p.m.

The **Afternoon Tennis Clinic** is designed for beginner and intermediate players ages 7—13. One and two weeks of lessons and drill work will emphasize match and tournament play. Participants will be exposed to different tournament styles and gain experience through daily practice. After an afternoon of tennis, participants have the option to cool off in the town pool at 4:30 or remain at the courts to scrimmage. Both options are supervised by tennis staff. Participants must bring a tennis racquet, snack, water bottle, sunscreen, bathing suit and towel. Everyone must be picked up by 5:00 p.m. in front of courts 3 & 4. The Tennis Clinic will run from 2:00—5:00 p.m., Monday through Thursday, with Friday used as a rain makeup. **Health History/Immunization form required.**

	<u>Before 5/1</u>	<u>After 5/1</u>
Session 1: June 25—June 28	\$100	\$110
Session 2: July 2—12	\$175	\$185
Session 3: July 16—26	\$175	\$185
Session 4: July 30—August 2	\$100	\$110
Session 5: August 6—9	\$100	\$110

SUMMER PRE SCHOOL AND KINDERGARTEN PROGRAMS

VIKING SUMMER T BALL

\$75*/week

Grades: K & 1 as of September 2012
Dates: Monday—Friday
 August 13—17
Times: 2:00—2:45 p.m. or 2:45—3:30 p.m.
Location: Center #2 Softball Field

This fun program will teach the basics of catching, throwing, batting, running the bases and fielding for the first half of the class followed by a fun T-ball game during the final twenty minutes. All players need to bring a baseball glove and a water bottle. Parents are encouraged to be present at the program. **Health History/Immunization form required.**

KIDDIE CAT JAM

Ages 3.5—6

\$120*/week

Dates: Monday—Friday, June 18—22
 Monday—Friday, July 9—13
Time: 10:15 a.m.—12:15 p.m.
Location: Center # 2 Softball Field Outfield

Soccer, t-ball, basketball, softee hockey, balloon ball, and kick ball are among the “sports” included in this week-long program. Games and other activities such as theme days are sprinkled in as well. **Health History/Immunization form required.**

CHALLENGER PRESCHOOL SOCCER

\$110*/week

Ages: 3—5
Dates: Monday—Friday, August 6—10
 Monday—Friday, August 13—17
Times: 9:00 a.m.—10:30 a.m. **OR** 10:30 a.m.—12:00 p.m.
Location: Center Recreation Complex Track Field

A friendly low key introduction to the basics of soccer through games, stories, skill-building activities and fun. This new program is run by the popular Challenger Soccer Program. **Health History/Immunization form required.**

MINUTEMAN MINI MULTI SPORT

\$60* /week

Ages: 4—6
Dates: Monday—Thursday, June 25—28
 Monday—Thursday, August 6—9
 Monday—Thursday, August 20—23
Time: 1:00—2:30 p.m.
Location: Center Recreation Complex

Join us for a week of summer fun and activity. Children will have an afternoon full of movement experiences as they explore different motor skills, including kicking, throwing, and catching as well as cognitive abilities that include teamwork and partnership. The clinic, led by **Vic Cuzuppe**, will provide a multitude of skills development, movement exploration and a beginners understanding of a variety of sport concepts. Bring snack and water. **Health History/Immunization form required. No Swimming.**

TEDDY BEAR PICNIC

Our friendly staff are looking forward to an exciting summer of making new friends, child centered projects and activities and a whole lot of FUN! The program includes singing and movement activities, story and project time, group games and of course swimming and sand play at the OLD RES.

Pack a bag with a towel labeled with child's name, as well as a light snack and drink. Children should wear play clothes over their bathing suits. **WE LOVE TO GET MESSY!** All children must be toilet trained.

Health History/Immunization Form required.

Ages: Teddy Bear I ~ Ages 3 – 4 ½
 Teddy Bear II ~ Ages 4 ½ - 6

Dates: Week 1: June 25—29 (“Fairy Tales”)
 Week 2: July 2—6* (“Stars and Stripes”)
 Week 3: July 9—13 (“The Mighty Jungle”)
 Week 4: July 16—20 (“Treasure Hunters”)
 Week 5: July 23—27 (“Under the Big Top”)
 Week 6: July 30—August 3 (“Super Heroes”)
 Week 7: August 6—10 (“Symphony of the 5 Senses”)

Time: 9:30 a.m. – 12:00 noon
 Monday through Friday
 * Monday, Tuesday, Thursday, Friday
Location: Picnic area next to the Old Res

Early Registration Fee: **\$90 per week**
\$72 for Week 2*
Fee after May 1, 2012: **\$100 per week**
\$82 for Week 2*

Back by Popular Demand

TEDDY BEAR PICNIC LUNCH BUNCH

FEE: \$10.00 per day

\$25.00 for the week (3 days)



Teddy Bear campers are invited to spend an extra hour with their counselors enjoying more activities at the beach and a picnic lunch, which you bring. This option will be available on Tuesday, Wednesday and Thursday from 12:00 p.m. to 1:00 p.m. **Register by check at the program.** Registration deadline is Monday at pick-up time. Week 2: Tuesday and Thursday only. \$20.00.

*Indicates Early registration fee. Fees will increase by \$10 after May 1, 2012.

The registration deadline for summer programs (space permitting) is 4:00 p.m. on the Thursday prior to the start of the program. Registration **WILL NOT BE ACCEPTED** at the program on the start date. Pre-registration is required for ALL programs.

Save time and money by registering online (www.lexingtonma.gov/recreationdepartment.cfm) by registering before May 1, 2012 for summer programs. Fees for all summer programs increase as of May 1st!

SUMMER YOUTH CAMPS AND CLINICS



DISCOVER THE FUN DAY CAMP

Discover the Fun is a theme based day camp program open to children **entering Grades 1 – 5** as of September 2012. **Discover the Fun** will run **Monday through**

Friday, 9:00 a.m. to 3:00 p.m., June 25th through August 3rd at the Lexington High School. In addition to the facilities at LHS, campers will use the town pool, Gallagher tennis courts, Lincoln Park and the play facilities at the Center Recreation Complex. Each week the campers will participate in a wide variety of theme related games, sports, tennis, swimming and nature activities, and create wonderful crafts projects. Discover the Fun offers weekly special events such as DJ Mike, Safe Routes to School, Historical Scavenger Hunt through Lexington center, Tie Dye, Wacky Wednesday and more!!!!

All staff are CPR and first aid certified, and have had a successful CORI and SORI background check.

Please contact the Recreation Department to obtain the camp specific application forms. **Health History/Immunization form required.**

	Before 6/1/12	After 6/1/12
Week One	June 25—29	\$200 \$225

Week One

June 25—29

\$200 \$225

“Nickelodeon Days”

Using characters and contests from Nickelodeon, campers will make “slime” costumes and work on Jimmy Neutron science projects.

Week Two

July 2—6*

\$160 \$185

“Camp Imagination”

Campers will use their IMAGINATION throughout the week to create new crafts, games and special events for the entire camp. *Monday, Tuesday, Thursday, Friday

Week Three

July 9—13

\$200 \$225

“Treasure Hunters”

It's all about finding the treasures this week, with a scavenger hunt, creation of treasure chests and a bit of geocaching to add to the fun.

Week Four

July 16—20

\$200 \$225

“Hollywood”

We will roll out the Red Carpet for campers as they play Parazzis, create Lifestyles of the Fun and Fabulous crafts and participate in the Discover the Fun Academy Awards.

Week Five

July 23—27

\$200 \$225

“Under the Big Top”

Campers will design and build booths and acts for the annual camp carnival. Jugglers, acrobats, clowns...oh my!

Week Six

July 30—August 3

\$200 \$225

“The Best of the Best”

Campers and staff will lead activities that they like the best. Everything is a challenge from funniest grin to best story, to “minute to win it” contests.

The fees listed include a \$25.00 per week non-refundable registration fee. Non-residents are welcome. There is an additional \$10.00 non-resident fee per week.

SUMMER CHESS CLASS

\$100*

Ages: 6 – 13

Dates: Beginner: Tuesdays, July 10—Aug. 14
Intermediate and Advanced: Wed. July 11—Aug. 15

Time: 6:00—7:00 p.m.

Location: Town Office Building room G15—Tuesdays

Town Office Building room 111—Wednesdays

These courses will teach fundamentals and combine instruction, play, group work, chess problems and games. Come learn and improve skills with instruction by U.S. Chess Federation expert, **Jim Della Selva.**

TACTICS WITH NERF CLASS

\$190*

Ages: 6—10

Dates/Time: 10 Wednesdays, June 20—Aug. 29(no 7/4) 4:00—5:00 p.m.

Ages: 11—16

Dates/Time: 10 Tuesdays, June 19—August 21 6:00—7:00 p.m.

Location: Guard Up! Inc, 103 Terrace Hall Avenue, Burlington

Blaster tactics takes games to a new, high intensity level. In this tactics class, students will learn to manipulate a Nerf blaster for improved performance during games. Speed and accuracy will be drilled so that students can play at a more proficient level. Teamwork will also be paramount in order for kids to learn advanced tactics. This class will help increase your ability to think on your feet, react to changing circumstances, and communicate effectively as a team. Equipment lease \$20.00 per session.

ACE GAMES WITH NERF

\$190*

Ages: 6—10

Dates/Time: 10 Sundays, June 24—August 26 1:30—2:30 p.m.

Ages: 11—16

Dates/Time: 10 Thursdays, June 21—August 23 6:00—7:00 p.m.

Location: Guard Up! Inc, 103 Terrace Hall Avenue, Burlington

Using exciting Nerf blasters, our ACE (Active Character Education) class challenges students physically and mentally in an environment that promotes education through entertainment. The course curriculum covers teamwork, leadership, listening skills, communication exercises, creative problem solving, and more! Equipment lease \$20.00 per session.

CHALLENGER BRITISH MULTI SPORT

\$150* (half) / \$210* (full)

Ages: 6—12 (half day) 11—14 (full day)

Dates: Monday—Friday, July 16—20

Times: 9:00 a.m.—12:00 p.m. (half) 9:00 a.m.—4:00 p.m. (full)

Location: Center Track Field

Challenger's team of British coaches will provide your boys and girls, with a memorable week of nonstop action, fun and competition - all with a British twist! Children will learn new British sports and develop new skills with team-building activities that include Tag Rugby, Cricket, Rounders, Net Ball, Team Handball and more. They will also learn about respect, responsibility, integrity, sportsmanship and leadership, while playing hard, having fun and making new friends. Full day players should bring lunch. **No swimming. Health History/Immunization form required.**

ADVENTURE KIDS

\$155*

Ages: 8—14

Dates: Monday, Tuesday, Wednesday, June 25—27

Time: 9:00 a.m.—12:00 p.m.

Location: Old Reservoir

This program offered by **Still River Outfitters** runs for 9 hours over 3 days. It combines recreational kayaking skill development with Adventure Education initiatives for a truly unique experience. Participants will learn to overcome challenges individually through paddling and as a team throughout fun challenge games. Staff members are ACA Certified instructors and Trained Adventure Facilitators. **Health History/Immunization form required.**

SUMMER YOUTH CAMPS AND CLINICS

ELITE SOCCER CAMP

\$155* half day /\$260* full day

Ages: 7—12
Dates: Monday—Friday, July 23—27
Times: 9:00 a.m.—12:00 noon **or** 9:00 a.m.—3:00 p.m.
Location: Diamond Middle School Field

A coed program, run by **Tim Wheaton** former Head Coach at Harvard University and 1999 National Coach of the Year, designed to provide a supportive environment where players can develop their individual skills and understanding of tactics of the game. Groups are divided by age and ability. Players should wear shin guards, cleats or sneakers, bring a water bottle, snack, soccer ball and water-proof sun-screen. **No Swimming. Health History/Immunization form required.**

ADVANCED ELITE SOCCER CAMP \$155*half day / \$260* full day

Ages: 13—18
Dates: Monday—Friday, July 23—27
Times: 9:00 a.m.—12:00 noon. **or** 9:00 a.m.—3:00 p.m.
Location: Diamond Middle School Field

Directed by **Tim Wheaton**, this program is designed for the serious, dedicated player with the desire to improve and progress to the next level. The curriculum will emphasize technique, small-sided play and games similar to a college pre-season program. Players should wear shin guards, soccer cleats or sneakers and bring a soccer ball and water. **No Swimming. Health History/Immunization form required.**

CHALLENGER BRITISH SOCCER \$150* (half) / \$210* (full)

Ages: 6—9 (half day) 10—15 (full day)
Dates: **Session 1:** Monday—Friday, August 6—10
Session 2: Monday—Friday, August 13—17
Times: 9:00 a.m.—12:00 p.m./9:00 a.m.—4:00 p.m.
Location: Center Track Field

This **British Soccer** Camp is more than just a week of skills and drills. In addition to taking part in a daily regimen of foot skill development, technical and tactical practices and daily tournament style play, each child will also be treated to a rich cultural experience and lessons on teamwork, sportsmanship and self-discipline. All participants should bring a water bottle, sunscreen, shin guards, soccer ball and snack. Full day players should bring lunch. **No swimming. Health History/Immunization form required.**

MASS PREMIER SOCCER

Ages: 4—8 (half day) **\$ 160***
 9—13 (full day) **\$ 260***
Dates: Monday—Friday, July 16—20
Times: 9:00 a.m.—12:00 p.m. (half)
 9:00 a.m.—3:00 p.m. (full)
Location: Lincoln Park Field # 2

Presented by the coaches from **Mass Premier Soccer**, this program is designed to serve as a stand alone introduction to the game of soccer for the younger players, while enhancing and improving skills and techniques of more experienced players. Participants should wear shin guards, cleats or sneakers and bring a water bottle, sunscreen, soccer ball, snack (and lunch for full day). **No swimming. Health History/Immunization form required.**

ARCHERY CLINIC \$110/week*

Ages: 9—14
Dates: Monday—Friday, July 16—20 **or**
 Monday—Friday, August 6—10
Time: 9:00—10:45 a.m.
Location: Muzzey Field

Learn to shoot a bow and arrow through this **Archery USA** junior development program taught by certified instructors. Students progress at their own pace. **No Swimming. Health History/Immunization form required.**

BLUE SOX BASEBALL CLINIC

\$150*

Ages: 8—14
Dates: 6 one-week sessions Monday—Thursday (Friday rain date)
 July 9, July 16, July 23, July 30, August 6, and August 13
Time: 9:00 a.m.—1:00 p.m.
Location: Center # 1 Baseball Field

Improve your play with instruction and coaching by **BLUE SOX** players and coaches. Participants will learn about base running, bunting, stretching, defense and hitting. Participants are grouped according to age, grade and ability. Players should bring a water bottle and snack each day. **No swimming. Health History/Immunization form required.**

THUNDERCAT SPORTS JAM \$120* (half) \$170* (full)

Ages: 7—10
Dates: Monday—Friday, July 23—27
Times: 9:00 a.m.—12:00 noon (half day)
 9:00 a.m.—3:00 p.m. (full day)
Location: Outfield of Center 2 Softball Field

Play, play and play some more...the ultimate multi-sport program! Baseball, basketball and soccer will be the core sports in which some skills will be emphasized. But that is not all! Participants should bring water and snack each day. **No swimming. Health History/Immunization form required.**

THUNDERCAT FLAG FOOTBALL \$120* (half) \$170* (full)

Ages: 7—12
Dates: Monday—Friday, July 30—August 3
 Monday – Friday, August 20—24
Times: 9:00 a.m.—12:00 noon (half day)
 9:00 a.m.—3:00 p.m. (full day)
Location: Clarke Middle School Soccer Field

Throw it, catch it, punt it...pigskins beware! Participants will learn fundamental skills from coaches through unique drills, games, and teaching techniques. Skills taught include passing, catching, running, offensive / defensive strategies, and more. Theme days, trivia, and a Super Bowl tournament at the end of the program add to the excitement! Program is coed, and every participant receives a Thundercat football, t-shirt, and certificate of achievement. **No Swimming. Health History/Immunization form required.**

BUDA SUMMER ULTIMATE FRISBEE CLINICS \$90*

Dates: Monday and Wednesday, July 9—25
Time: 5:00—7:00 p.m.
Ages/Location: 10—12 (entering grades 5 & 6) Adams Playground
 (behind the Waldorf School)
Ages/Location: 11—14 (entering grades 7—9) Clarke Middle School
Soccer field

BUDA and Lexington Recreation are teaming up this summer to offer a great introduction to Ultimate Frisbee for students from all towns in eastern Mass. Ultimate Frisbee is a fast-paced sport very popular in colleges and high schools across the country. In Massachusetts, there are approximately 80 boys and girls high school teams competing every spring! There are also middle school teams springing up quickly, with over 25 now, and growing yearly. BUDA coaches will teach your youngster all the skills they need to be ready to plan and have fun, whether it's at the local park on an organized team. In the six sessions, participants will be placed in small groups to expedite learning, and there will be plenty of scrimmages. Expect lots of running. Bring a water bottle and wear cleats. In future years we hope that there will be field sites in multiple towns, but for 2012 the program will only run in Lexington.

**Indicates Early registration fee. Fees will increase by \$10 after May 1, 2012.*

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MINUTEMAN SPORTS CLINIC

BOYS HOOP I

\$90*

Ages: 8—13
Dates: Monday—Thursday, July 9—12
Time: 8:30 a.m.—12:00 noon
Location: Center Basketball Courts

Emphasis will be on the improvement of individual and team skills. **Bob Farias** will lead drills, demonstrations, games and contests are included. **Rain date Friday.**

FIELD HOCKEY

\$90*

Ages: 8—14
Dates: Monday—Thursday, July 23—26
Time: 8:30 a.m.—12:00 noon
Location: Lincoln Field # 3

Join **Barbara Locke**, Woburn H.S. Varsity Field Hockey coach and former U.S. Field Hockey Team member, to learn the basics of field hockey and improve skills. Participants should bring a water, stick, goggles and mouth guard. **Rain date Friday.**

FOOTBALL

\$90*

Ages: 9—13
Dates: Monday—Thursday, July 9—12
Time: 8:30 a.m.—12:00 noon
Location: Center Track Field

Learn the fundamentals of the game from LHS coach and teacher, **Steve Solly**. Players will learn about fitness, preparation and game situations and participate in fun contests such as punt, pass and kick. This clinic is non-contact. No equipment is necessary. **Rain date Friday.**

GIRLS HOOP I

\$140*

Ages: 7—13
Dates: Monday—Thursday, July 16—19
Time: 9:00 a.m.—3:00 p.m.
Location: LHS Gym

The emphasis of this program, directed by LHS Girls Varsity Coach, **Steve Solly**, will be to reinforce basic skills and promote new skills, with drills, contests and game play. Participants should bring snack, lunch, bathing suit and towel. From 1:00—3:00 p.m. the girls will be swimming at the town pool.

COED VOLLEYBALL

\$90*

Ages: 8—14
Dates: Monday—Thursday, July 30—August 2
Time: 8:30 a.m.—12:00 noon
Location: LHS Gym

Under the direction of **Barbara Locke**, Woburn coach and teacher, participants will be introduced to the basics of serving, hitting, spiking and setting. Fun games and activities will be used to engage the enthusiasm of both the novice and more experienced player.

MULTI SPORT CLINIC

\$90*

Ages: 6—12
Dates: Monday—Thursday, June 25—28
Monday—Thursday, Aug. 6—9
Monday—Thursday, August 20—23
Time: 8:30 a.m.—12 noon
Location: Center Recreation Complex

This coed Minuteman Clinic, led by **Vic Cuzuppe**, aspires to use sports participation and learning as a means to improve self confidence, enhance the love and enjoyment of sports through skills development and to reinforce the importance of fairness, cooperation and team play during daily games. **Rain date Friday.**

GIRLS HOOP II

\$90*

Ages: 8—13
Dates: Monday—Thursday, July 23—26
Time: 8:30 a.m.—12:00 noon
Location: Center Basketball Courts

Join LHS teacher and Girls Varsity Basketball coach **Steve Solly** to develop and improve basketball skills and teamwork. Games, drills, demonstrations and fun contests will be used to teach and reinforce skills. **Rain date Friday.**

BOYS HOOP II

\$140*

Ages: 8—13
Dates: Monday—Thursday, July 23—26
Time: 9:00 a.m.—3:00 p.m.
Location: LHS Gym

Under the direction of **Bob Farias**, the emphasis of this program will be to reinforce basic skills and promote new skills, with drills, contests and game play. Participants should bring snack and lunch, and bathing suit and towel. The boys will have the chance to swim at the Town Pool from 2:00—3:00 p.m.

GIRLS SOFTBALL

\$90*

Dates: Monday—Thursday, June 25—28
Ages: 7—11
Time: 8:30 a.m.—12:00 noon
Ages: 12—15
Time: 1:00—4:30 p.m.
Location: Center # 2 Softball Field

Frank Pagliuca, LHS Varsity Coach, and staff will teach aspiring softball players the mechanics of hitting, pitching, fielding and base running. The clinic is designed to provide an opportunity for players to sharpen their skills. Players must bring a softball glove and water bottle. **Rain date Friday.**

SUMMER TRACK CLINIC

\$90*/week

Ages: 8—14
Dates: Monday—Thursday, July 30—August 2
Monday—Thursday, August 6—9
Time: 8:30 a.m.—12:00 noon
Location: Center Track

Participants will experience a new approach to Track and Field under the direction and guidance of **Russ Bosbach**, Bridge School P.E. Teacher. The clinic is for any child who would like to participate on a school track team or simply wants to have fun and learn some regular exercise techniques. Daily activities will give the athlete a chance to practice a variety of track events and learn the tenets of proper fitness. **Rain date Friday.**

ROLLERBLADING CLINIC

\$90*/week

Ages: 7—16
Dates: Monday—Thursday, July 23—26
Time: 8:30 a.m.—12:00 noon
Location: TBA

Rollerblading will be a coed clinic run by **Mandy Ciarletta**, Head Girls Varsity Ice Hockey Coach at Lexington High School. This clinic will introduce students to the basic skills of rollerblading and then move towards more advanced skating skills (crossovers, skating backwards, etc). Participants will also participate in rollerblading games that focus on both individual skill and teamwork. The clinic will end with a rollerblading street hockey tournament. **Rain date Friday.**

*Unless otherwise noted participants should bring a bathing suit and towel to the Minuteman Clinics for the daily swimming option. *Indicates Early registration fee. Fees increase by \$10 after May 1, 2012. HEALTH HISTORY FORMS ARE REQUIRED FOR MINUTEMAN CLINICS.*



We Can Take You There!
(781) 861-1210

NEW

MINUTEMAN CLINICS

BASEBALL

\$90*/week

Ages: 6—10
Dates: Monday—Thursday, July 9—12
Monday—Thursday, August 13—16
Time: 8:30 a.m.—12:00 noon
Location: Lincoln Park Little League Field



Participants will learn new skills to improve their overall game play. A professional instructor, LHS P.E. teacher **Jason Rajotte**, will guide participants through activities such as hitting, pitching, bunting, and all aspects of fielding. Children need a baseball glove. **No Swimming. Rain date Friday.**

JUNIOR GOLF PROGRAM

\$150*/week

Ages: 12—18
Dates: Monday—Thursday, July 9—12
Monday—Thursday, August 13—16
Time: 1:00—4:00 p.m.
Location: Pine Meadows Golf Club



This **revamped** program at Pine Meadows led again by **Jason Rajotte**, LHS P.E. teacher encourages teenage golfers to play with friends, while improving their game. Each time on the course will present different challenges from team competitions to scrambles. Instruction will focus on golf etiquette, rules of play and other focal points within the game of golf. Players must have playing experience and provide their own equipment. Fee includes general instruction and greens fees. **No Swimming. Rain date Friday.**

STREET HOCKEY CLINIC

\$90*/week

Ages: 7—16
Dates: Monday—Thursday, June 25—28
Monday—Thursday, July 30—August 2
Time: 8:30 a.m.—12:00 noon
Location: TBA

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Street Hockey will be a coed clinic run by **Mandy Ciarletta**, Head Girls Varsity Ice Hockey Coach at Lexington High School. This program will focus on gradual skill development of the various skills associated with street hockey (stick handling, shooting, passing, etc) and also some game related strategies. The clinic will end with a street hockey mini tournament. **Rain date Friday.**

SKATEBOARD CLINIC—Level 1

\$90*

Ages: 8—12
Dates: Monday—Thursday, July 9—12
Time: 8:30 a.m.—12:00 noon
Location: Lexington Skate Park (Center Recreation Complex)



Learn the fundamentals of skateboarding at the Lexington Skate Park. This clinic, directed by **Michael George**, will emphasize basic techniques, use of the park, and safety. Beginners welcome. All participants must bring a skateboard and helmet. **Rain date Friday.**

SKATEBOARD CLINIC—Level 2

\$90*

Ages: 8—12
Dates: Monday—Thursday, July 16—19
Time: 8:30 a.m.—12:00 noon
Location: Lexington Skate Park (Center Recreation Complex)

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A continuation of the Level 1 clinic, this program, directed by **Michael George** takes your skateboarding to the next level with instruction on tricks and use of the ramps, ledges, and rails. All participants must bring a skateboard and helmet. **Rain date Friday.**

GIRLS DEVELOPMENTAL BASKETBALL CLINICS

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Dates: Monday—Friday, August 6—10
Ages: 13—18 (entering grades 7—12)
Location: Lexington High School Gym



This clinic offered by the Lexington Recreation Department in partnership with Hoop Mountain is designed for committed girls basketball players entering grades 7—12 who are looking to raise their skills to the next level. Staff from Hoop Mountain and the LHS Girls Basketball team will be coordinating and facilitating this new focused clinic. The clinic philosophy will be based on a progressive and intense skill development approach that **WILL BE** specific to the position played and chosen by each participant

(Perimeter Players & Post Players). The girls will also experience some sport-specific tips and exercises that will improve their level of fitness. Fundamentals, footwork, game-situations, and improving basketball IQ will be the foundation for this aspect of the clinic. Another aspect that will be offered will be related to scoring/finishing. Girls can also elect to experience this two-day feature to improve their shooting and overall scoring ability.

Perimeter Player Development Clinic: \$125 (resident) \$150 (non-resident)

August 6, 7 & 8 9:00 a.m.—12:00 pm

Post Player Development Clinic: \$125 (resident) \$150 (non-resident)

August 6, 7 & 8 12:30—3:30 p.m.

Shooting/Scoring Clinic: \$125 (resident) \$150 (non-resident)

August 9 & 10 9:00 a.m.—12:00 p.m. **OR** 12:30—3:30 p.m.

FRISBEE CLINIC

\$90

Ages: 7—12
Dates: Monday—Thursday, August 13—16
Time: 8:30 a.m.—12:00 noon
Location: Center Recreation Complex

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LHS P.E. teacher **Mandy Ciarletta** will guide participants in activities such geared to increase their Ultimate Frisbee knowledge, enjoyment and game play. This clinic will be a nice compliment to the July evening BUDA program. No experience needed. **Rain date Friday.**

State and local health regulations require that participants submit a current Health History and Immunization record prior to participation in a summer camp and/or clinic sponsored or run by the Recreation Department. We ask for your continued cooperation and assistance in submitting these forms either at the time of registration for one of our summer programs or, if you are registering online, within two weeks of registration. The health history form is located on pages 21 and 22 of the brochure. A copy is also available on the Recreation Department Web Site: www.lexingtonma.gov/recreationdepartment.cfm



The registration deadline for summer programs

is 4:00 p.m. on the Thursday prior to the start of the program.

Registration **WILL NOT BE ACCEPTED** at the program .

Pre-registration is required for ALL PROGRAMS.

Save time by registering online
(www.lexingtonma.gov/recreationdepartment.cfm)

Save money by registering before May 1, 2012 for summer programs.



CHESS, SCIENCE, AND COMPUTER CLINICS AND PROGRAMS

FUNUTATION VIDEO GAME DESIGN CAMP

**\$200/half day
\$400/full day**

Join the **FUNUTATION TEKACADEMY STAFF** for a week of learning, design and FUN. Participants may choose Jr. *Botball*, *Lego Robotronics*, *2D Game Design with Game Maker 8.0* or *Stop Motion Animation* and register for a half day or full day. **Participants registering for the full day option should bring a lunch.** No experience is necessary to participate. **Students will be provided with a laptop computer to use during the program.** *Health History/Immunization form required.*

Ages: 8—11
Dates: Monday—Friday, June 25—29
Location: Cary Hall ~ Estabrook Hall
Time: 9:00—11:45 a.m. **FOR**

Jr. Soccerbot

This Tek lab is designed for robotics beginners. Junior Tekkies will experience the basic concepts of robotic construction. Get a hands-on experience while building and programming robots to kick, move, turn and make a circle. Bring them home to play with your friend. *Tek Lab Fee: \$30 payable June 25.* **OR**

2D Video Game Design with Game Maker 8.0

Wish you could make your own video game? No need to write a program. This class will show you how to use easy drop-and-drag actions to create professional looking games. Students will use Game Maker 8.0 to create backgrounds, animated graphics, sound effects and music. **Students will work in teams of two on a laptop.** There is a FREE Game-maker 8 Lite Edition available for Windows based PC's. **Bring a thumb/flash drive to save your projects.**

Afternoon Time: 12:15—3:00 p.m. **FOR**

Lego Robotronics

Discover how to invent new robot designs through Lego Mindstorm 2.0. Teams of 4 will use Lego sensors, motors, gears, plus other components and program the robots to react to sound, and sense objects from a distance. Finally the teams can invent new robot designs. Participants get a small robot to take home and assemble. **OR**

Stop Motion Animation

Discover the basics of Claymation videos by using Scratch software. You will create a video with everyday objects and add special effects and audio. Bring your imagination to life and put special effects such as wind, fire and light sabers to your videos. This is a group project. Funutation will provide all equipment for the projects. Bring a thumb/flash drive to save your projects.

WICKED COOL MED SCHOOL

**\$210/half day (morning or afternoon session)
\$330/full day***

Ages: 6—13 (entering grades 1—6)
Dates: Monday—Friday, August 6—10
Times: Half day: 9:00 a.m.—12:00 p.m. **or** 12:30—3:30 p.m.
Full day: 9:00 a.m.—3:30 p.m.

Location: Cary Hall ~ Estabrook Hall

Is there a doctor in the house? Future doctors will follow the progress of their own "patient" all week as we journey into the inner workings of the human body. Kids will keep "medical charts" and become anatomy specialists as the learn from the **Wicked Cool for Kids** staff about body systems, and create model organs, bones, joints and lungs for a healthy human. *Children attending the full day will have lunch between 12:00 and 12:30 p.m. *Health History/Immunization form required.*

JUNE CHESS CLINIC

\$135*

Ages: 6—13
Dates: June 25—29
Time: 3:00—5:00 p.m. (Friday class 3:00—4:30 p.m.)
Location: Cary Hall ~ Estabrook Hall

Join **Jim Della Selva** for a weeklong chess clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in chess matches and games.

CHESS/KOOL SCIENCE CLINIC

\$160*

Ages: 6—13
Dates & Time: Monday—Friday, July 16—20
1:00—3:00 p.m.
Location: Cary Hall ~ Estabrook Hall

Science teacher, **Bill Richard** will ensure that you have a fun-filled week observing, hypothesizing, and testing your own ideas as we delve into magnetism, sound, design technology, and flight. Hands on projects, use of the scientific method and learning by doing will be emphasized. Chess teacher and player, **Jim Della Selva** will teach your child the fundamentals of chess from beginner to the more advanced aspects of the game. Expand your knowledge base and learn techniques designed to improve all phases of your game. *Health History/Immunization form required.*

AUGUST CHESS MINI CLINIC

\$90*

Ages: 6—13
Dates: Monday—Wednesday, August 20—22
Time: 2:00—4:30 p.m.
Location: Cary Hall ~ Estabrook Hall

Join **Jim Della Selva** for a 3-day chess clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in chess matches and games. Participants should bring a chessboard and be ready for a fun, challenging three days.

LEXINGTON SUMMER CHESS CHAMPIONSHIP

Fee: **\$60** for players registering for tournament only.
\$40 for players enrolled in August Clinic

Grades: 2—6
Dates: Thursday & Friday, August 23 & 24
Time: 2:00—4:30 p.m.
Location: Cary Hall ~ Estabrook Hall

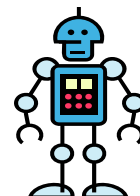
This two-day tournament will be based on rules implemented by the U.S. Chess Federation, and will feature 2 rounds of play each day, combined with instruction to assist all players in the strategies of chess. The players will be divided according to grade and skill, and will receive a chess medal for participation. Trophies will be presented to the top 3 winners of each section.

WICKED COOL FOR KIDS ~ LEGO ENGINEERING

**\$210/half day (morning or afternoon session)*
\$330/full day***

Ages: 6—12 (entering grades 1—5)
Dates: Monday—Friday, July 9—13
Times: Half day: 9:00 a.m.—12:00 p.m. **or** 12:30—3:30 p.m.
Full day: 9:00 a.m.—3:30 p.m.
Location: Cary Hall ~ Estabrook Hall

In this program kids will learn some basic engineering principles that will make their own inventions at home more fun and complex. This full-contact hands-on program teaches basic engineering concepts, problem solving and teamwork—all by playing and building with Legos. We will look at gears, levers, pulleys, and wheels and axles, which are the mechanisms that underpin all mechanical equipment in our lives. Who knows if the next Dean Kamen (Segway inventor) is living in your house! *Children attending the full day will have lunch from 12:00 - 12:30 p.m. *Health History form required.*



Other Recreation and Leisure Pursuits

Teresa and Roberta Lee Fitness ~Nature Path

The fitness and nature path is 1.35 plus miles and wanders through delightful natural areas as well as around the playing fields at Lincoln Park. There are fifteen (15) self-directed, accessible exercise stations for fitness and nature enthusiasts of all levels to enjoy. The Teresa and Roberta Lee Fitness-Nature Path can be accessed from either the entrance to Lincoln Park or from Worthen Road across from the Center Recreation Complex.

Sing Along Chorus

This integrated special needs program for teens and young adults runs from September through May on Monday evenings from 7:00—8:30 p.m. The chorus, learns old and new sing-along favorites, which are performed at nursing homes and community events. This program is offered by the Special Needs Arts Programs, Inc. For information go to: <http://snapsing.org>

Sing Along Singers

This integrated special needs program for adults is held on Wednesday evenings from 7:00—8:30 p.m. The program runs September through May. This program is offered by the Special Needs Arts Programs, Inc. For information go to: <http://snapsing.org>

Special Musicians

Special Musicians is a program for children with disabilities, from 3—12 years of age. The enjoyable musical activities are designed to promote the development of language, motor and social skills. Classes are held on Saturdays in Lexington through June. For more information email: specialmusicians@hotmail.com. This program is offered by the Special Needs Arts Programs, Inc.

Community Gardens

Registration for garden plots for new gardeners will begin in April. Please call the Conservation office at 781-862-0500 ext. 240 or Dan Kozak, Garden Coordinator at 781-861-9765, for more information.

Fishing

The Old Reservoir on Marrett Road is stocked with fish in the spring. Fishing permits are required for those 14 and older, and are available through the State Department of Fisheries and Wildlife on their web-site.

Bicycling

Maps of Lexington bike paths are available at the Recreation Department office and the Chamber of Commerce.

Ball Field Permits

A limited number of ball fields are available for residents to use, field conditions permitting. **Permits are required for play on ALL fields.** Permits are issued at the Recreation Department office on a first-come, first-serve basis. Please contact the Recreation Department,

LHS Field House—Early Morning Basketball and Jogging

Dates:	Mon., Wed. & Fri. Sept. 2011—Aug. 2012		
Time:	6:15—7:15 a.m.		
	Fee before 4/1/12:	\$75/residents	
		\$95/non-residents	
	Fee after 4/1/12:	\$45/residents/ \$65/non-res	

781-862-0500 ext. 262, for permit application procedures and fees.

Pine Meadows Golf Club

This public course opens in mid-March, weather permitting. The club is owned by the Town of Lexington and managed by New England Golf Corporation. This par 35 course features elevated tees, tree-lined fairways and rolling greens. **NO METAL SPIKES ALLOWED.** Call the Pro Shop at 781-862-5516 for 2012 fees and tee time schedules. **Golf ID cards** (\$10.00) are available at the Recreation Department Office for Lexington Residents ONLY. A Golf ID card entitles the holder to reserve tee times up to 14 days in advance.

Adult Sports Leagues

The Recreation Department sponsors adult softball and basketball leagues in the spring and summer months.

- The **Adult Co-Ed Softball League** runs weeknights on a variety of softball fields in the community, including Center #2, from May through August. Contact Peter Coleman at the Recreation office, 781-862-0500 ext. 262, for information.

- **Moms on the Mound Softball League** plays on Sunday mornings at Center #2 and #4 fields May 1 through June. Contact Sheila Butts at the Recreation office, 781-862-0500 ext. 262, for league information.

- **Men's Adult Basketball** plays at the Center Basketball Courts on Worthen Road, Monday, Tuesday and Wednesday evenings, June through August. To receive information about registering a team for this league contact Peter Coleman at the Recreation office, 781-862-0500 ext. 262, for information.

ED2GO ~ Online Education Courses

Update your skills, discover a new talent, or chart a career path at your own pace and at your convenience with our online courses. Each course runs for six weeks and is comprised of 12 lessons. All materials are made available to you over the World Wide Web. All you need to get started is Internet access, an email address and a Web browser. All classes begin on Wednesdays. Upcoming classes begin on March 14, April 18, May 16 and June 20, 2012. The registration deadline is the Monday before the class begins. Take a look at the online site: **www.ed2go.com/lexrec** to view courses, content and registration procedures.

Stone Meadow Junior Golf Clinics **\$125/week**

Ages/Times: 7—10 8:00 a.m.—9:00 a.m.
11+ 9:00 a.m.—10:00 a.m.

Dates: July 9—12; July 23—26; August 6—9 and
August 13—16 (rain dates are Friday)

Location: Stone Meadow Golf, Waltham St., Lexington

In cooperation with the Town of Lexington Recreation Department, Stone Meadow Golf is pleased to provide junior golf clinics for 2012. These are beginner clinics for kids to learn the fundamentals of the golf swing and to gain insight into the world of golf. Registration forms are available in the Recreation office, Pine Meadows Golf Club and Stone Meadows Golf. **The registration form and payment to Stone Meadow Golf must be submitted to Stone Meadow Golf. For additional information please call Pine Meadows Golf Club at 781-862-5516.**



Recreation Parks, Playgrounds and Fields



Adams Park

Location: 739 Massachusetts Ave. (behind Waldorf School)

Facilities: Intermediate soccer field, T-ball field, 2 tennis courts, basketball court, play structure, swings.

Baskin Park

Location: Wyman Road

Facilities: basketball court, open space, T-ball area.

Blossom Park

Location: Blossom Street

Facilities: open space.

Bowman Park

Location: 13 Watertown Street/Pleasant Street

Facilities: trails.

Bowman School Fields

Location: 9 Philip Road

Facilities: school playfield, softball field, basketball court, open athletic field, play structure, swings.

Bridge School Fields

Location: 55 Middleby Road

Facilities: school playfield, swings, net climbing structure, play structure, softball field, little league field, open space, trails.

Center Recreation Complex

Location: Worthen Road

Facilities: 1 soccer field, 1 lighted softball field, track, 2 baseball fields (1 lighted), skate park, 2 lighted basketball courts, little league field, 3 tennis practice boards, 10 tennis courts (4 lighted), outdoor pool complex (4 pools), tennis booth, toilet facilities, swings, 2 play structures, football field.

Clarke Middle School Fields

Location: off Brookside Avenue

Facilities: school playfield, regulation soccer field, softball field, baseball field, basketball court, 3 tennis courts, open athletic field, nature trail.

Diamond Middle School Fields

Location: Sedge Road

Facilities: school playfield, softball field, baseball field, soccer fields.

Estabrook School Fields

Location: 117 Grove Street

Facilities: school playfield, 2 basketball hoops, softball/junior baseball field, intermediate soccer field, modular play equipment, swings.

Fiske School Fields

Location: 55 Adams Street

Facilities: school playfield, 2 junior baseball fields, play equipment, swings.

Franklin Park

Location: 5 Stedman Road

Facilities: softball/junior baseball field, intermediate size soccer field, play structure, swings, slide, trails.

Freemont Street

Location: Freemont Street

Facilities: wooded area, trails.

Garfield Park

Location: Garfield Street

Facilities: play structure, little league field, trails, swings.

Harrington School Fields

Location: 328 Lowell Street

Facilities: school playfield, softball field, little league field, soccer field, basketball court, play equipment, swings.

Hastings School Fields

Location: 7 Crosby Road

Facilities: school playfield, play structure, swings, basketball court, softball/junior baseball, intermediate soccer field.

Justin Park

Location: Justin Street

Facilities: play structure, swings, open space, trails.

Kinneens Park

Location: Burlington Street

Facilities: play structure, swings, 1/4 basketball court, T-ball field.

Lexington Old Reservoir

Location: Marrett Road

Facilities: swimming facility, bathhouse, picnic area with grills, trails.

Lincoln Park

Location: Lincoln Street

Facilities: 3 infill synthetic turf athletic fields, softball field, little league field, fitness path, nature trails, portable toilets, picnic area with grills and shelters, 2 play structures, spring riders, swings.

Marvin Park

Location: Winter Street

Facilities: play structure, swings, basketball court, open space, trails.

Munroe Park

Location: 1403 Massachusetts Avenue

Facilities: play structure, swings, sand digger, open field space, T-ball area.

Muzzey Field

Location: next to 1475 Massachusetts Avenue

Facilities: soccer field, open space.

Oxford/Bow Street Park

Location: Bow Street

Facilities: swing set, Minuteman Bikeway.

Parker School Land (Valley)

Location: Valley Road

Facilities: 2 tennis courts, open space.

Pine Meadows Golf Club

Location: 232 Cedar Street

Facilities: 9 hole public golf course, clubhouse.

Poplar Street Park

Location: Poplar Street

Facilities: open space, trails.

Rindge Park

Location: Rindge Avenue

Facilities: play structure, swings, basketball court, open space, T-ball fields.

Sutherland Park

Location: Sutherland Road

Facilities: softball/junior baseball field, basketball court, play structure, swings, trails, open field space.

Tower Park

Location: Massachusetts Avenue

Facilities: open space, walkways, bikeway.

Valleyfield Park

Location: Valleyfield Street

Facilities: open space, trails.

Willards Woods

Location: North Street

Facilities: wooded area, trails, orchard, open fields.



Directions to Recreation parks, playgrounds and fields are available at:

<http://www.lexingtonma.gov/recreation/parksplaygroundsfildstrails.cfm>



SWIMMING IN LEXINGTON

SWIM TAG REGISTRATION—2012

The Recreation Department operates two outdoor swimming facilities during the summer months. The opening date for both facilities is June 2, 2012. The **Old Res**, located on Marrett Road is a fresh water pond with a sandy beach. Open seven days per week from 10:30 a.m. to 7:00 p.m., it is a favorite place for families and children. The **Irving H. Mabee Town Pool Complex**, located on Worthen Road at the Center Recreation Complex, is also open seven days per week. On weekdays, a variety of programs including American Red Cross swim lessons, adult lap swim, adult aqua aerobics, and Swim Team share pool space, but generally the public swim hours are weekdays 12:45—4:30 p.m. and 7:00—8:45 p.m. ***Swim lesson information and registration procedures and dates will be included in the summer program brochure, published in early May.***

The Recreation Department sells season memberships to the aquatics facilities. The **swim tag** is valid at both the Old Res and Town Pool. Residents may opt to pay a daily fee instead of purchasing a swim tag. **Swim tags will be sold at the Recreation Department Office, 8:30 a.m.—4:00 p.m. Monday through Friday, February 27—June 1.** Swim tags can also be purchased at the **Tennis Booth**, which is located next to the pool bath house. The dates and times for the Tennis Booth are as follows:

- | | | |
|------------------------|-------------------|----------------------|
| • May 12-August 12th | Saturday & Sunday | 10:00 a.m.—2:00 p.m. |
| • May 14th-June 1st | Monday—Friday | 4:30 p.m.—7:30 p.m. |
| • June 4th-June 22nd | Monday—Friday | 3:00 p.m.—7:30 p.m. |
| • June 25th-July 6th | Monday—Friday | 1:00 p.m.—7:30 p.m. |
| • July 9th-August 10th | Monday—Friday | 4:30 p.m.—7:30 p.m. |

As of June 2nd, all swim tags must be purchased at the Tennis Booth. Swim tags will also be available for purchase at **Discovery Day in Lexington on Saturday, May 26th.**

Purchase your swim tags early. Do not wait for the first hot day of the summer!

As an incentive, all Lexington residents who purchase their swim tags before the Town Pool and Old Res open for the season on Saturday, June 2nd will be entered into a drawing. The Recreation Department will give away one FREE resident individual membership and one FREE resident family membership for the 2013 season, so buy your tags early!!

<u>2012 SWIM TAG FEES:</u>	\$ 50.00	Senior adult (age 62+)
	\$ 60.00	Individual (ages 3—61)
	\$200.00	Resident family (two adults & all children ages 3—18 residing full time in household)
	\$365.00	Non-resident family (available for purchase through March 1st)
	\$125.00	Non-resident adult employed in Lexington
	\$ 25.00	Replacement for lost swim tag

<u>2012 DAILY FEES:</u>	\$5.00 per person	Resident youth, adult, and senior adult and their guests
	\$20.00	Resident daily per family maximum at Town Pool or Old Res
	\$6.00 per person	Non-resident youth, adult, and senior adult at Old Res ONLY
	\$24.00	Non-resident daily per family maximum at Old Res ONLY

NO REFUNDS OR CREDITS ARE GIVEN FOR THE PURCHASE OF SWIM TAGS!

**Lexington Recreation Department
SUMMER 2012 CAMP & CLINIC
EMERGENCY INFORMATION & HEALTH FORM**

PLEASE RETURN PROMPTLY TO:

Lexington Recreation Department
1625 Massachusetts Avenue
Lexington, MA 02420

CHILD'S NAME _____

CHILD'S DATE OF BIRTH _____
Last First Middle Initial

ADDRESS _____ ZIP _____

HOME # _____ CELL # _____ EMAIL: _____

MOTHER (OR GUARDIAN) _____ WK # _____ CELL # _____

FATHER (OR GUARDIAN) _____ WK # _____ CELL # _____

* * * * *

EMERGENCY INFORMATION: If a parent is not available, please notify:

NAME _____ RELATIONSHIP TO CHILD _____

ADDRESS _____ PHONE# _____

BUSINESS PHONE # _____ CELL # _____

FAMILY PHYSICIAN _____ PHONE# _____

DENTIST / ORTHODONTIST _____ PHONE# _____

INSURANCE CARRIER _____ POLICY# _____

* * * * *

HEALTH HISTORY:

Please fill out the information below. You **MUST** attach a copy of your child's immunizations and physical record to this form.

IMMUNIZATIONS (Please list dates and attach a copy of the signed Physician/Immunization Report):

Measles/Mumps/Rubella _____

DPT/TOPV _____

Tetanus _____

Tuberculin Test (most recent date & results) _____

Other Immunizations _____

DOES YOUR CHILD HAVE ANY SPECIAL NEEDS THAT THE LEADERS NEED TO BE AWARE OF? IF YES PLEASE EXPLAIN. _____

WHAT SPECIFIC ISSUES RELATING TO PARTICIPANT'S SOCIAL BEHAVIOR AND EDUCATIONAL DEVELOPMENT SHOULD STAFF BE AWARE OF? INCLUDE FOOD ISSUES, FEARS, INTERESTS, ETC. _____

Please fill out both sides of this form

**Attach a copy of the signed physician/immunization report and submit with
registration form.**

HEALTH HISTORY CONTINUED:

DOES THIS CHILD HAVE ANY ALLERGIES? (Please specify)

DOES THIS CHILD HAVE ANY MEDICAL PROBLEMS REQUIRING SPECIAL ATTENTION? (Please specify)

Please check which program or programs you will be attending.

<u>Program</u>	<u>Dates</u>	<u>Locations</u>
<input type="checkbox"/> Blue Sox Baseball _____	July 9 – Aug. 17	Center #1 Baseball Field
<input type="checkbox"/> Thundercat Sports Clinics (Kiddie Cat Jam)	June 18—22; July 9—13	Center Recreation Complex
<input type="checkbox"/> Thundercat Sports Jam	July 23—27	Center Recreation Complex
<input type="checkbox"/> Thundercat Sports Flag Football	July 30—August 3; August 20—24	Clarke Middle School Field
<input type="checkbox"/> Challenger British Multi-Sport	July 16—20	Center Track Field
<input type="checkbox"/> Girls Developmental Basketball (Hoop Mountain)	August 6—10	LHS Gym
<input type="checkbox"/> Adventure Kids	June 25—27	Old Reservoir
<input type="checkbox"/> Challenger Soccer Clinics	August 6—10 & August 13—17	Center Track Field
<input type="checkbox"/> Mass Premier Soccer	July 16—20	Lincoln Park # 2
<input type="checkbox"/> Chess Clinics	June 25—29 , August 20—24	Cary Hall—Estabrook Hall
<input type="checkbox"/> Chess ~ Science Clinic	July 16—20	Cary Hall—Estabrook Hall
<input type="checkbox"/> FUNUTATION Design Camps	June 25—29	Cary Hall—Estabrook Hall
<input type="checkbox"/> Wicked Cool for Kids	July 9—13 & August 6—10	Cary Hall—Estabrook Hall
<input type="checkbox"/> Elite Soccer Clinic	July 23—27	Diamond Middle School
<input type="checkbox"/> Discover the Fun Camp	June 25 – August 3	Lexington High School
<input type="checkbox"/> Archery Clinic	July 16—20 or Aug. 6—10	Muzzey Field
<input type="checkbox"/> Minuteman Sports Clinics _____	June 25 – August 20	Center Recreation Complex
<input type="checkbox"/> Teddy Bear Picnic	June 25 – August 10	Old Reservoir Picnic Area
<input type="checkbox"/> Youth Tennis Clinics	June 25 – August 10	Gallagher Tennis Courts

PERMISSION: Parents, please read and sign the Medical Consent and Release of Liability below to complete registration.

I/WE, the parent(s)/guardian(s) of _____, a minor, do hereby consent to his/her participation in the Town of Lexington Recreation Department sponsored programs, pictures to be taken of my/our child for advertisement or promotion of programs and to his/her use of the recreational facilities and equipment of the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorneys from any and all liability or expenses arising out of any incident involving, or on account of any injury to the above named minor in connection with such program, hereby give permission to the Town of Lexington Recreation Department staff to provide and administer immediate first aid and authorize a physician at a local hospital to secure proper treatment for my/our child as named above if the need arises.

As the undersigned parent/guardian I understand that no confirmations will be mailed and no refunds will be given after the start of the program. Further, this verifies that the participant is up to date with their immunizations and is able to participate in all activities.

Signature _____ Print Name _____ Date _____

NOTE: This EMERGENCY INFORMATION / HEALTH FORM MUST be returned to the Recreation office a **minimum of 14 days** prior to the start of the program. Your child will not be allowed to participate in the program unless this form is on file and reviewed by the Lexington Health Department.

Please return this form and a copy of you child's physical and immunization record to:

Lexington Recreation Department
1625 Massachusetts Avenue
Lexington, MA 02420

PLEASE FILL OUT BOTH SIDES OF THIS FORM.

Lexington Recreation Department

Program Registration Form

Participant Last Name _____ First Name _____

Address _____

Street

City/Town

Zip Code

Home Phone _____ Work Phone _____ Cell # _____

Email Address (please print) _____

Sept. 2012

D.O.B. _____ Age ____ M ____ F ____ Grade ____ School _____ Tee shirt size _____

Emergency Contact Name & Phone _____

Special instructions and/or information that the instructor needs to be aware of (medical concerns, allergies, special needs, etc.): _____

I/We, the parent(s)/guardian(s) of _____ a minor, or I, _____
the participant, hereby consent to participation in the Town of Lexington Recreation Department programs, pictures to be taken for advertisement and/or promotion of programs and use of recreational facilities and equipment of the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorneys from any and all liability or expenses arising out of any incident involving, or on account of any injury to the above named minor or adult participant in connection with such program, hereby give permission to the Town of Lexington Recreation Department staff to provide and administer immediate first aid and authorize a physician at a local hospital to secure proper treatment for my/our child as named above if the need arises.

Parent/Guardian or Adult Participant Name _____

Print

Parent/Guardian or Adult Participant _____ Date _____

Signature

Program Title	Day/Session	Time	Fee
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____

I would like to donate to the scholarship fund which allows children to participate in Recreation Programs in the community. Donation Amount \$ _____

TOTAL PAYMENT INCLUDED (program fees & donation) \$ _____

Type of Payment: ☐ VISA ☐ Master Card ☐ Discover ☐ American Express ☐ Check ☐ Cash

If paying by credit card: Card Account # _____ Exp Date _____

Cardholder Signature _____

Make checks payable to the TOWN OF LEXINGTON and mail registration and payment to:

Lexington Recreation Department

1625 Massachusetts Avenue, Lexington, MA 02420

You may also use the Town Hall drop box in front of Cary Hall.

ECRWSS
RESIDENTIAL CUSTOMER
LEXINGTON, MA

Lexington Recreation ... Fun and Fitness for All

Things to look for in upcoming brochures

Summer 2012

Town Pool and Old Res Swim Schedule
Swim Lesson Schedule and Registration Info.
Adult Summer Classes and Programs
Fall Youth NFL FLAG Football

Fall ~ Winter 2012

Viking Soccer Clinics
In-Town Basketball League
Youth Basketball Clinic
Nashoba Valley Ski and Snowboard Programs
Tennis Lessons
Kayaking Programs

Look for Lexington Recreation on FACEBOOK